

POSITIVE NEWS

Coaching-Consultancy-Facilitating-Training

Positiveworks is delighted to be entering its 15th year of trading in the field of coaching, consultancy and training. We continue to provide creative and tailored solutions for clients in all sectors both in the UK and globally, bringing out the positive in individuals, teams and organisations.

Our methods enable people to feel confident that they have the skills and strategies required to perform at their peak within today's fast-paced business environment.

*Helen Whitten, Managing Director
Association for Coaching Accredited Coach*

New 3-Step Professional Development Programme

Module One:

Self-Knowledge

Myers-Briggs MBTI profiling
Goal-setting for success
Values and Strategies for results
Career Development and Motivation

Module Two:

Personal Mastery

Emotional Intelligence
Stress Management
Creative Thinking
Peak Performance

Module Three:

Personal Impact

Presentation and Public Speaking
Communicating with impact

Take a look at our website for **Tips and comment on how to manage life and work**
www.positiveworks.com

Visit **Helen's blog** on <http://blog.positiveworks.com/> for comment on related topics.

Contact us on +44 20 7736 1417 or helen@positiveworks.com

News 2007:

This year has been one of the busiest ever.

We have been working on:

A Leadership Development programme in the health sector, providing professional development modules and leadership workshops to senior teams, in partnership with a major consultancy, led by senior consultant Diane Carrington.

Empowerment of Women: several Leadership for Women workshops in the Middle East for clients in the technical, telecoms and advertising sectors, in partnership with Leading Minds, Beirut.

Tailored video/DVD learning programme on **Body Language for Selling**, for the financial sector, using actors to demonstrate key points.

Coaching for a variety of individuals and teams in the UK, including the construction and facilities sector.

Senior management and professional development for people in leadership roles.

Stress Management for Teachers—programmes providing tips and techniques to manage the everyday pressures of the classroom, with Diane Carrington.

Confidence building programmes for young people in private and state schools, with Diane Carrington

Presentation and Public Speaking Coaching with our specialist coach, John Abulafia, who brings his experience as a theatre director to empowering men and women to present themselves with more impact in the workplace.

Myers-Briggs MBTI training for teams within the financial sector, with specialist coach Anna Rawlinson.

Team Performance Workshops applying the Herrmann HBDI Thinking Preference Profile as a fast and practical template for raising the performance bar in teams.

Stress Management Workshops for a variety of clients including a dot.com experiencing fast growth, in partnership with Aspey Associates.

Learning, Revision and Information

Management Skills for clients taking professional qualifications within the insurance sector.

Professional Dressing for business situations with specialist coach Morag Iona Young

Health and Wellbeing for Globe-trotting Executives with specialist coach Gillian Burn

Training and Coaching in partnership with Illumine Ltd.

Work-Life Balance sessions with senior investment bankers to enhance focus and quality of performance.

We are always happy to tailor programmes specifically for your needs applying coaching, facilitating, psychometric profiling, acting, role plays, DVD filming and online development programmes.